

Broaden your activity in Laparoscopy by taking

Suturing Course



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BASIC ONLINE SUTURING TECHNIQUES IN LAPAROSCOPIC GYNECOLOGICAL SURGERY

5 Days Course with Dr. Istvan Argay & Dr. Bedaya Amro

Course Directors:









COURSE DESCRIPTION:

One of the most critical and difficult acts in laparoscopic surgery is the knot-tying and suturing techniques. The knots performed laparoscopically must be as safe as the ones performed traditionally.

Over the 2 levels of suturing course (BASIC & ADVANCED), the faculty will give a comprehensive overview of the different techniques of suturing including intra and extra corporal knots and provide you with practical tips to improve your skills.

With 40% theory and 60% practice for clinical application, this master classes will give you the opportunity to put knowledge into practice and increase your mastery of suturing techniques.

PACKAGE INCLUSIONS:

- Members have discounted price
- Basic Suturing Lectures
- Exclusive Proctorship and Guidance
- Live Interactive & Virtual Hands-on Sessions
- High Quality Training Materials -Pelvic Trainer, Model, Sutures, Etc.
- Optional Purchase of Needle Holders at special rate of \$150
- Pathway to (L1) Bachelor Certification
- Shipping Fee Included
- Training Materials Are Acquired PERMANENTLY
- Gathering the best of online & on-site education
- Bringing the surgical education at the comfort of your home

OBJECTIVE OF THIS COURSE:

- ✓ Review and practice the fundamental concepts and theories of Stitching
- Explore the clinical applications of suturing in gynecology
- ✓ Learn how to face the difficulties of surgery

Course Rates: (USD/AED)

(All rates below are 5% VAT exclusive)

- \$ 1,550/DHS 5,700 (Standard Course Package with Trainer)
- \$ 1,850/DHS 6,800 (Complete Course Package with Trainer & 2 pcs. Needle Holder)
- \$ 300/DHS 1,105 (2pcs. Needle Holder: Optional Add-on for standard package)

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Day 1
June 14

Basic Online Suturing

Course Faculties:





Time	Title	Faculty
14:00	Welcome Lecture Main Room	Dr. Istvan Argay & Dr. Bedaya Amro
14:00	Welcome Introduction	Dr. Istvan Argay
14:15	How to work using zoom	Dr. Bedaya Amro
14:45	Introduction of the program Course rules: as this is an online course with different participants, the timing should be followed sharply (finish exercises when time is out) in case of technical problems, ask the host for help via the chat ask questions for the instructor via the chat please do not start talking or ask questions at the same time	All
15:00	Pretest (<i>Main Room</i>) Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedaya Amro
15:30	Lecture (Main Room)	Dr. Istvan Argay & Dr. Bedaya Amro
15:30	Instruments	All
15:35	Ergonomy	All
15:45	The theory of the perfect stitch	All
16:00	End of 1st day (Main Room)	Dr. Istvan Argay & Dr. Bedaya Amro
16:00	Evaluation form	All
16:00	Task for the next day of the course	All

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Day 2
June 15

Basic Online Suturing

Course Faculties:





Time	Title	Faculty
14:00	Loading of the needle Part 1 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
14:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercises: Lay-on-tissue techniques: 15' Puppet technique: 15'	All
14:35	How to stitch Part 1 (<i>Main Room</i>) <i>Live Demonstration</i> Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedaya Amro
14:45	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Loading and suturing in the "perfect stitch" situation (dominant hand)	All
15:15	How to stitch Part 2 (Main Room) Live Demonstration Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedaya Amro
15:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Loading and suturing in the "perfect stitch" situation (dominant hand)	All
15:45	Lecture: Suturing (Main Room)	Dr. Bedaya Amro
15:55	Knotting Part 1 (Main Room) Live Demonstration Materials: 15 cm or 20 cm (pre-cut needles without needle)	Dr. Istvan Argay & Dr. Bedaya Amro
16:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Loading and suturing in the "perfect stitch" situation (dominant hand)	All
16:45	End of 2nd day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedaya Amro

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Day 3

June 16

Basic Online Suturing

Course Faculties:





Time	Title	Faculty
14:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Excercise: Do more stitches and knots from the 20 cm thread	Dr. Istvan Argay & Dr. Bedaya Amro
14:15	Loading the needle Part 2 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
14:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercises: • Expert technique • How to wake up the needle • Flag point technique	All
15:15	How to stitch Part 3 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
15:20	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Loading and suturing in an "open angle" (dominant hand)	All
15:35	Knotting Part 2 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
15:45	Practice (Breakout room) Materials: 15 cm or 20 cm (pre-cut threads without needle) Excercise: Gladiator technique	All
16:30	End of 3rd day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedaya Amro

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Day 4

June 17

Basic Online Suturing

Course Faculties:





Time	Title	Faculty
14:00	Warm up (Main Room) Material: 20 cm thread without needle Excercise: "Carrot", 20 knots on the same thread, by changing the direction of every half knot.	Dr. Istvan Argay & Dr. Bedaya Amro
14:15	Knotting Part 3 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
14:25	Practice (Breakout room) Materials: 15 cm or 20 cm of pre-cut threads without needle Excercise: Alternative techniques	All
15:00	How to speed up (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
15:10	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: - Z-line, dominant and non-dominant	All
15:30	Crazy Camembert Part 1 and 2 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
15:40	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: 15' each sequence	All
16:00	Greek Line (<i>Main Room</i>) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedaya Amro
16:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Different ways to speed-up	All
16:45	End of 4th day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedaya Amro

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Day 5

June 18

Basic Online Suturing

Course Faculties:





Time	Title	Faculty
14:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Excercise: Crazy Camembert III	Dr. Istvan Argay & Dr. Bedaya Amro
14:15	Extracorporeal knotting lecture and demonstration (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
14:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: Loading and suturing in an "open angle" (dominant hand)	All
15:15	Clinical Application (Main Room) Live Demonstration	Dr. Bedaya Amro
15:35	Post Test (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedaya Amro
15:45	Practice (Breakout room) Material: Polysorb 20cm with needle Exercise: 3 pairs of dots in the central line 3 stitches with knots (double, single, single) Max. 12 points	All
14:00	SUTT 1 (Main Room) Material: Polysorb 20cm with needle, SUTT1 pad Explanation and test	Dr. Istvan Argay & Dr. Bedaya Amro
16:30	End of the basic suturing course (Main Room) Evaluation and Personal Feedbacks	Dr. Istvan Argay & Dr. Bedaya Amro

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SuturingCourse

The E-Knot Pelvic Trainer







MIS Academy Suturing Kit





MIS Academy Certification

