

Broaden your activity in Laparoscopy by taking **Suturing Course**

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BASIC ONLINE SUTURING TECHNIQUES IN LAPAROSCOPIC GYNECOLOGICAL SURGERY

5 Days Course with Dr. Istvan Argay & Dr. Bedaya Amro

Course Directors:



Dr. Istvan Argay
Hungary



Dr. Bedayah Amro
UAE

 **November 22-26 2021**
 **(GMT+4) Dubai Time**



COURSE DESCRIPTION:

One of the most critical and difficult acts in laparoscopic surgery is the knot-tying and suturing techniques. The knots performed laparoscopically must be as safe as the ones performed traditionally.

Over the 2 levels of suturing course (BASIC & ADVANCED), the faculty will give a comprehensive overview of the different techniques of suturing including intra and extra corporal knots and provide you with practical tips to improve your skills.

With 40% theory and 60% practice for clinical application, this master classes will give you the opportunity to put knowledge into practice and increase your mastery of suturing techniques.

PACKAGE INCLUSIONS:

- Members have discounted price
- Basic Suturing Lectures
- Exclusive Proctorship and Guidance
- Live Interactive & Virtual Hands-on Sessions
- High Quality Training Materials -Pelvic Trainer, Model, Sutures, Etc.
- Optional Purchase of Needle Holders at special rate of \$150
- Pathway to (L1) Bachelor Certification
- Shipping Fee Included
- Training Materials Are Acquired PERMANENTLY
- Gathering the best of online & on-site education
- Bringing the surgical education at the comfort of your home

OBJECTIVE OF THIS COURSE:

- ✓ Review and practice the fundamental concepts and theories of Stitching
- ✓ Review and practice the principles and techniques of Knotting
- ✓ Explore the clinical applications of suturing in gynecology
- ✓ Learn how to face the difficulties of surgery

Course Rates: (USD/AED)

Categories	Standard Package with Trainer		Complete Package with Trainer & 2 pcs. Needle Holder		Add-ons for Standard Package: 2pcs. Needle Holder (Optional)	
Non-Member	\$1550	5700 AED	\$1850	6800 AED		
MIS Member	\$1450	5350 AED	\$1750	6450 AED	\$300	1105 AED
Medical Students	\$1400	5150 AED	\$1700	6250 AED		

(All rates above are 5% VAT exclusive)

Program

Day 1

November 22

Basic Online Suturing

Course Faculties:



Dr. Istvan Argay
Hungary



Dr. Bedayah Amro
UAE

Time (GMT+4)	Title	Faculty
16:00	Welcome Lecture <i>Main Room</i>	Dr. Istvan Argay & Dr. Bedayah Amro
16:00	Welcome Introduction	Dr. Istvan Argay
16:15	How to work using zoom	Dr. Bedayah Amro
16:45	Introduction of the program Course rules: <ul style="list-style-type: none">• as this is an online course with different participants, the timing should be followed sharply (finish exercises when time is out)• in case of technical problems, ask the host for help via the chat• ask questions for the instructor via the chat• please do not start talking or ask questions at the same time	All
17:00	Pretest (Main Room) Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedayah Amro
17:30	Lecture (Main Room)	Dr. Istvan Argay & Dr. Bedayah Amro
17:30	Instruments	All
17:35	Ergonomy	All
17:45	The theory of the perfect stitch	All
18:00	End of 1st day (Main Room)	Dr. Istvan Argay & Dr. Bedayah Amro
18:00	Evaluation form	All
18:00	Task for the next day of the course	All

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Day 2

November 23

Basic Online Suturing

Course Faculties:



Dr. Istvan Argay
Hungary



Dr. Bedayah Amro
UAE

Time (GMT+4)	Title	Faculty
16:00	Loading of the needle Part 1 (Main Room) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedayah Amro
16:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercises: • Lay-on-tissue techniques: 15' • Puppet technique: 15'	All
16:35	How to stitch Part 1 (Main Room) <i>Live Demonstration</i> Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedayah Amro
16:45	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in the "perfect stitch" situation (dominant hand)	All
17:15	How to stitch Part 2 (Main Room) <i>Live Demonstration</i> Materials: Polysorb 20 cm with needle	Dr. Istvan Argay & Dr. Bedayah Amro
17:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in the "perfect stitch" situation (dominant hand)	All
17:45	Lecture: Suturing (Main Room)	Dr. Bedayah Amro
17:55	Knotting Part 1 (Main Room) <i>Live Demonstration</i> Materials: 15 cm or 20 cm (pre-cut needles without needle)	Dr. Istvan Argay & Dr. Bedayah Amro
18:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in the "perfect stitch" situation (dominant hand)	All
18:45	End of 2nd day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedayah Amro

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Program

Day 3

November 24

Basic Online Suturing

Course Faculties:



Dr. Istvan Argay
Hungary



Dr. Bedayah Amro
UAE

Time (GMT+4)	Title	Faculty
16:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Excercise: <ul style="list-style-type: none">• Do more stitches and knots from the 20 cm thread	Dr. Istvan Argay & Dr. Bedayah Amro
16:15	Loading the needle Part 2 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedayah Amro
16:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercises: <ul style="list-style-type: none">• Expert technique• How to wake up the needle• Flag point technique	All
17:15	How to stitch Part 3 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedayah Amro
17:20	Practice (Breakout room) Materials: Polysorb 20 cm with needle Excercise: <ul style="list-style-type: none">• Loading and suturing in an "open angle" (dominant hand)	All
17:35	Knotting Part 2 (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedayah Amro
17:45	Practice (Breakout room) Materials: 15 cm or 20 cm (pre-cut threads without needle) Excercise: <ul style="list-style-type: none">• Gladiator technique	All
18:30	End of 3rd day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedayah Amro

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Day 4

November 25

Basic Online Suturing

Course Faculties:



Dr. Istvan Argay
Hungary



Dr. Bedaya hAmro
UAE

Time (GMT+4)	Title	Faculty
16:00	Warm up (Main Room) Material: 20 cm thread without needle Exercise: • "Carrot", 20 knots on the same thread, by changing the direction of every half knot.	Dr. Istvan Argay & Dr. Bedayah Amro
16:15	Knotting Part 3 (Main Room) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedayah Amro
16:25	Practice (Breakout room) Materials: 15 cm or 20 cm of pre-cut threads without needle Exercise: • Alternative techniques	All
17:00	How to speed up (Main Room) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedayah Amro
17:10	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Z-line, dominant and non-dominant	All
17:30	Crazy Camembert Part 1 and 2 (Main Room) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedayah Amro
17:40	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • 15' each sequence	All
18:00	Greek Line (Main Room) <i>Live Demonstration</i>	Dr. Istvan Argay & Dr. Bedayah Amro
18:15	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Different ways to speed-up	All
18:45	End of 4th day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay & Dr. Bedayah Amro

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Day 5

November 26

Basic Online Suturing

Course Faculties:



Dr. Istvan Argay
Hungary



Dr. Bedayah Amro
UAE

Time (GMT+4)	Title	Faculty
16:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Exercise: <ul style="list-style-type: none">• Crazy Camembert III	Dr. Istvan Argay & Dr. Bedayah Amro
16:15	Extracorporeal knotting lecture and demonstration (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedayah Amro
16:25	Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: <ul style="list-style-type: none">• Loading and suturing in an "open angle" (dominant hand)	All
17:15	Clinical Application (Main Room) Live Demonstration	Dr. Bedayah Amro
17:35	Post Test (Main Room) Live Demonstration	Dr. Istvan Argay & Dr. Bedayah Amro
17:45	Practice (Breakout room) Material: Polysorb 20cm with needle Exercise: <ul style="list-style-type: none">• 3 pairs of dots in the central line• 3 stitches with knots (double, single, single)• Max. 12 points	All
18:00	SUTT 1 (Main Room) Material: Polysorb 20cm with needle, SUTT1 pad Explanation and test	Dr. Istvan Argay & Dr. Bedayah Amro
18:30	End of the basic suturing course (Main Room) Evaluation and Personal Feedbacks	Dr. Istvan Argay & Dr. Bedayah Amro

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